

TEXT1

Once people wore garlic around their necks to ward off disease. Today, most Americans would scoff at the idea of wearing a necklace of garlic cloves to enhance their well-being. However, you might find a number of Americans willing to ingest capsules of pulverized garlic or other herbal supplements in the name of health.

Complementary and alternative medicine, which includes a range of practices outside of conventional medicine such as herbs, massage therapy, yoga, and acupuncture, hold increasing appeal for Americans. In fact, according to one estimate, 42% of Americans have used alternative therapies. In all age groups, the use of unconventional healthcare practices has steadily increased in the last 30 years, and the trend is likely to continue, although people born before 1945 are the least likely to turn to these therapies.

Why have so many patients turned to alternative therapies? Many are frustrated by the time constraints of managed care and alienated by conventional medicine's focus on technology. Others feel that a holistic approach to healthcare better reflects their beliefs and values. Others seek therapies that relieve symptoms associated with chronic disease; symptoms that mainstream medicine cannot treat.

Some alternative therapies have even crossed the line into mainstream medicine, as scientific investigation has confirmed their safety and efficacy. For example, physicians may currently prescribe acupuncture for pain management or to control the nausea associated with chemotherapy. Additionally, many U.S. medical schools teach courses in alternative therapies, and many health insurance companies offer some alternative medicine benefits.

A- Read the text and answer these questions

- 1- Why did Americans use to wear garlic around their necks?
- 2- What does alternative medicine consist of?
- 3- Shortlist symptoms that cannot be treated by conventional medicine.
- 4- What reasons make Americans turn to alternative therapies?

B- Are these statements true or false?

- 1- Today most Americans make fun of the idea of wearing a garlic necklace.
- 2- A number of Americans consume garlic capsules and herbs as a treatment nowadays.
- 3- Unconventional health care practices have decreased in the last three decades.
- 4- Some alternative medicines are harmless and effective.

C- Find in the text words which mean the same as

1- To prevent: ph. 12- make fun of: ph. 2.....3- growing: ph. 3

4- Unsatisfied and discouraged: ph3.....5- Study: ph. 4.....

D - What is the main idea of this passage?

a. Alternative medicine is now a big business in the United States with more Americans seeking it out than ever before.

b. Today, it is not unusual for mainstream doctors to incorporate alternative therapies into their practice.

c. Over the last few decades, alternative medicine has become more popular, accepted, and practiced in the United States.

d. People are tired of conventional medicine's focus on technology.

E- According to the passage, which practice would not be defined as alternative medicine?

a. Pain management b. acupuncture c. taking herbal garlic supplements d. massage therapy.

F- Based on the information given, what kind of person would be least likely to seek out alternative medical treatment?

a. a senior citizen suffering from chemotherapy induced nausea

b. a young woman suffering from chronic fatigue syndrome

c. a 45-year-old man who believes that his body and mind must be treated together.

d. a 25-year-old track star with chronic back pain

G- The passage indicates that alternative treatments are increasingly being used by mainstream medical professionals because

a. more and more Americans are demanding alternative therapies.

b. healthcare insurance companies are now providing some benefits for alternative medical treatments.

c. they are frustrated by the time constraints of managed care.

d. scientific studies are becoming available that prove their effectiveness and safety.

H- Fill in the gaps with the following: stakeholders/ submit/ patients/ conventional/ tested/ evidence

The main difference between1 ----- and alternative medicine is that scientific medicine is universally 2----- and supported by practical scientific 3----- but alternative medicine is not. On the contrary, alternative medicine does not4 ----- itself to the practices of being approved before it is used by mankind. Nevertheless, alternative medicine has helped many 5----- even though it has limits and dangers too. These limits and dangers are the major contentions surrounding alternative medicine as expressed by various medical 6-----

I- Writing: Complete the paragraph according to the passage

In the past few decades, health care costs have increased. As a result, there has been a fast-growing method of health care known as alternative medicine. Many patients have recently turned to this healing practice because

TEXT2

You may have heard talk about blood type and how it affects our personality and relationships. But can our blood type really define who we are, how we act, and our relationships with others? Generally, type A is thought to be sensible, creative and naive, while type B is considered outgoing, friendly, and selfish. Type AB is considered to be rational, level-headed, and indecisive. On the other hand, type O is associated with being sociable, optimistic, and careless.

But is there any scientific proof? Studies were conducted on the concept of blood type traits in the late 1920's. However, these studies were mainly politically motivated and held little scientific backing. They were often used as 'proof' of racial superiority of certain groups by various countries, including Japan and Germany. The Japanese tried to use the theory to breed better soldiers, but the experiment was a failure.

The scientific community generally dismisses blood type personality theories as a superstition or pseudoscience because of lack of evidence or testable criteria. Although research into the causal link between blood type and personality is limited, research does not demonstrate any statistically significant association between the two. Some studies suggest that there is a statistically significant relationship between blood type and personality, although it is unclear if this is simply due to a self-fulfilling prophecy. Recently, some medical hypotheses have been proposed in support of blood type personality theory.

Then, why is the theory still so popular? Just like astrology, the blood type personality theory is interesting and fun, but also vague and misleading. If you really want to find out about someone's personality, the best way is to get to know them by talking to them, rather than relying on superstition.

1- Answer these questions from the text

a- Shortlist the types of blood.

b- How is each type of blood described in the text?

c- Why were the past studies politically motivated?

d- Why does the scientific community dismiss the blood theory?

2- Are these statements true or false? Justify

a- The scientific community considers the blood theory a true science.

b- Type AB is considered to be intellectual.

3- Read the following definitions and translate them into Arabic or French

. sensible: reasonable, not emotional

. Level-headed: calm and sensible in all situations

. Indecisive: having difficulty making a decision

. trait: a characteristic someone or something has

. motivated: being determined to do something

. astrology: the study of the movements of the heavenly bodies and their influence on people's lives

. misleading: giving a wrong idea or impression

4. What is the writer's attitude towards the theory of blood type and personality?

A. interesting and reliable

B. scientific but unrealistic

C. fun but not trustworthy

D. popular and reasonable

E. misleading but trustworthy

5. What does the writer suggest doing to find out more about someone?

The writer suggests

6- Suggest a suitable title for the

text:

7- Fill in the blank with the appropriate word: controversial / inaccurate / individual / correspond / talk

Beliefs about blood types can be1, and the best way to get to know someone is to 2..... to them, so while learning about these ideas is fun, remember that everyone is an 3 Some people fit their blood personality, whereas some do not. Blood type and personality could 4..... to one another, or they may not appear to be related at all. Blood type theory is 5, and many people don't believe it has validity.

8- Writing

Complete the sentences according to the text

a- The blood type theory is not scientifically significant because.....

.....

b- Despite being interesting and fun the blood type theory is

.....

TEXT3

Icebergs1 are among nature’s most spectacular creations, and yet most people have never seen one. A vague air of mystery envelops them. They come into being somewhere-in faraway, frigid waters, amid thunderous noise and splashing turbulence2, which in most cases no one hears or sees. They exist only a short time and then slowly waste away just unnoticed.

Objects of sheerest beauty, they have been called. Appearing in an endless variety of shapes they may be dazzlingly3 white, or they may be glassy blue, green or purple, tinted faintly or in darker hues. They are graceful, stately, inspiring-in calm, sunlit seas.

But they are also called frightening and dangerous, and that they are-in the night, in the fog, and in storms. Even in clear weather one is wise to stay a safe distance away from them. Most of their bulk4 is hidden below the water, so their underwater parts may extend out far beyond the visible top. Also, they may roll over unexpectedly, churning the waters around them.

Icebergs are parts of glaciers that break off, drift into the water, float about awhile, and finally melt. Icebergs afloat today are made of snowflakes5 that have fallen over long ages of time. They embody snows that drifted down hundreds, or many thousands, or in some cases maybe a million years ago. The snows fell in polar6 regions and on cold mountains, where they melted only a little or not at all, and so collected to great depths over the years and centuries.

As each year’s snow accumulation lay on the surface, evaporation and melting7 caused the snowflakes slowly to lose their feathery points and become tiny grains of ice. When new snow fell on top

of the old, it too turned to icy grains. So blankets of snow and ice grains mounted layer upon layer and were of such great thickness that the weight of the upper layers compressed the lower ones. With time and pressure from above, the many small ice grains joined and changed to larger crystals, and eventually the deeper crystals merged into a solid mass of ice.

1- Read the text and answer the following questions

- a- How does the writer describe icebergs?
- b- What explanation does the writer give to the appearance of icebergs?
- c- How are icebergs molded?
- d- Why are Icebergs considered dangerous and frightening?

2- Are these sentences true or false? Justify your answer

- a- Icebergs stay longer floating about in polar regions
 - b- Small icy grains are pressed together to form icebergs
 - c- Icebergs are made of snowfalls over long periods of time
- 3- find in the text words that mean the same as
- a- icy: (ph.1)..... b- colors: (ph.2).....
 - b- c- stirring: (ph.3)..... C- dissolve: (ph.4).....
 - c- buildup: (ph.5)..... d- remarkable: (ph1).....

4. Which of the following is the best title for the passage?

- (A) The Melting of Icebergs (B) The Nature and Origin of Icebergs
- (C) The Size and Shape of Icebergs (D) The Dangers of Icebergs

5. The author states that icebergs are rarely seen because they are

- (A) surrounded by fog (B) hidden beneath the mountains
- (C) located in remote regions of the world (D) broken by waves soon after they are formed

6. The passage mentions all of the following colors for icebergs EXCEPT

- (A) yellow (B) blue (C) green (D) purple

7. According to the passage, icebergs are dangerous because they

- (A) usually melt quickly (B) can turn over very suddenly
(C) may create immense snowdrifts (D) can cause unexpected avalanches

8. According to the passage, icebergs originate from a buildup of

- (A) turbulent water (B) feathers (C) underwater pressure (D) snowflakes

9. The formation of an iceberg is most clearly analogous to which of the following activities?

- (A) Walking on fluffy new snow, causing it to become more compact and icy
(B) Plowing large areas of earth, leaving the land flat and barren
(C) Skating across a frozen lake and leaving a trail behind
(D) Blowing snow into one large pile to clear an area

10. In line 27, the expression "from above" refers to

- (A) sunlit seas (B) polar regions (C) weight of mountains (D) layers of ice and snow

11. The attitude of the author toward icebergs is one of

- (A) Disappointment (B) humor (C) disinterest (D) wonder

12. Complete the following paragraph from the text

Icebergs are not only among nature's most spectacular creations but they are also.....However, they are frightening because.....

1Icebergs: 2 الجليدية turbulence: 3 الاضطراب dazzlingly: 4 الابهار bulk: 5 الجزء الأكبر snowflakes:
6 الثلج polar: 7 القطبية melting: 8 الذوبان layer: الطبقة

TEXT4

One of the most popular literary figures in American literature is a woman who spent almost half of her long life in China, a country on a continent thousands of miles from the United States. In her lifetime she earned this country's most highly acclaimed literary award: the Pulitzer Prize, and also the most prestigious form of literary recognition in the world, the Nobel Prize for Literature. Pearl S. Buck was

almost a household word throughout much of her lifetime because of her prolific literary output, which consisted of some eighty - five published works, including several dozen novels, six collections of short stories, fourteen books for children, and more than a dozen works of nonfiction. When she was eighty years old, some twenty - five volumes were awaiting publication. Many of those books were set in China, the land in which she spent so much of her life. Her books and her life served as a bridge between the cultures of the East and the West. As the product of those two cultures she became as the described herself, "mentally bifocal." Her unique background made her into an unusually interesting and versatile human being. As we examine the life of Pearl Buck, we cannot help but be aware that we are in fact meeting three separate people: a wife and mother, an internationally famous writer and a humanitarian and philanthropist. One cannot really get to know Pearl Buck without learning about each of the three. Though honored in her lifetime with the William Dean Howell Medal of the American Academy of Arts and Letters in addition to the Nobel and Pulitzer prizes. Pearl Buck as a total human being, not only a famous author, is a captivating subject of study.

A- Read the text and answer the questions

- 1- Where is Pearl Back from?
- 2- What awards did she get during her literary career?
- 3- Why was she considered as a household word throughout much of her life time?
- 4- Did she publish any books when she was an elderly?

B. Find in the text words that mean the same as:

- Admired and praised: L3 - Productive and creative:L6.....
- Significant: L4 - A bond and link:L10
- attractive:L18.....

C- Decide whether these statements are true or false? Justify?

- 1- Pearl Back produced only fictional literary works.
- 2- Pearl Back spent most of her life in USA.

D. What is the author's main purpose in the passage?

1. To offer a criticism of the works of Pearl Buck.
2. To illustrate Pearl Buck's views on Chinese literature
3. To indicate the background and diverse interests of Pearl Buck

4. To discuss Pearl Buck's influence on the cultures of the East and the West

E. According to the passage, Pearl Buck is known as a writer of all of the following EXCEPT

- (A) novels
- (B) children's books
- (C) poetry
- (D) short stories

F. Which of the following is NOT mentioned by the author as an award received by Pearl Buck?

- (A) The Nobel Prize
- (B) The Newberry Medal
- (C) The William Dean Howell medal
- (D) The Pulitzer prize

G. According to the passage, Pearl Buck was an unusual figure in American literature in that she

- (A) wrote extensively about a very different culture
- (B) published half of her books abroad
- (C) won more awards than any other woman of her time
- (D) achieved her first success very late in life

H. According to the passage, Pearl Buck described herself as "mentally bifocal" to suggest that she was

1. capable of resolving the differences between two distinct linguistic systems
2. keenly aware of how the past could influence the future
3. capable of producing literary works of interest to both adults and children
4. equally familiar with two different cultural environments

I. The author's attitude toward Pearl Buck could best be described as

- (A) indifferent
- (B) admiring
- (C) sympathetic
- (D) tolerant

J. Suggest a suitable title for the text

K. writing

Write a short paragraph about a famous writer and indicate his/her background and interests

TEXT5

The Story of Dr. Mudd

On the night of April 14, 1865—five days after the Civil War ended—President Abraham Lincoln was attending the theater in Washington, D.C. In the middle of the performance, an actor named John Wilkes Booth, seeking to avenge* the defeat* of the South, slipped into the presidential box and shot the president.

Booth escaped the theater, but broke his leg when he leaped from the president's box seat to the stage. Before anybody could stop him, he limped out the back door, mounted a waiting horse, and disappeared into the night with a fellow conspirator.

Five hours later, at four o'clock in the morning, Booth and his companion arrived at the home of Samuel Mudd, a doctor living in southern Maryland. Dr. Mudd knew nothing about the assassination of the president. Acting as any doctor would with a stranger in distress*; he set the leg and persuaded the two travelers to stay in his house for the rest of the night. The next morning, Booth and his friend, using false names, paid the bill and departed.

Because of this merciful act, Dr. Mudd was arrested, taken to Washington, and tried on the charge that he was a friend of Booth's and therefore helped plan the assassination. Dr. Mudd insisted that he knew nothing of the plot*. But the military courts, angry at the president's death, sentenced the unfortunate doctor to life imprisonment. Dr. Mudd was imprisoned at Fort Jefferson, an island fortress about 120 miles west of the southern tip of Florida.

As horrible and unjust as this punishment* must have been, a greater plight lurked at Fort Jefferson. The warm, humid climate was a perfect breeding ground for mosquitoes. Again and again, these pests spread yellow fever germs to prisoners and guards alike.

When the fever struck, Dr. Mudd volunteered his services, because he was the only doctor on the island. He had to fight the disease, even after he was infected himself. In spite of the fact that the guards and other inmates called him "that Lincoln murderer," and treated him very badly, he worked hard to fight the disease.

Meanwhile, his wife was working heroically back in Washington for her husband's cause. After a four-year struggle, she secured a pardon for him—for a crime he never committed. Dr. Mudd returned to Maryland to pick up the pieces of his shattered life. Soon after Dr. Mudd's release*, Fort Jefferson was abandoned. Today, the one-time prison is accessible to visitors as part of Dry Tortugas National Park.

Read the text and answer the following questions:

- 1- When was President Abraham Lincoln Killed?
- 2- Who killed him and Why?
- 3- Did Dr Mudd already know about the assassination?
- 4- Why did the police catch Dr Mudd?
- 5- Who helped Dr Mudd be released from the prison?

6. What was the cause of Dr. Mudd's conviction*?

- a. He helped Booth assassinate Lincoln.
- b. He helped Booth get away.
- c. The military courts wanted someone to pay for Lincoln's death.
- d. He lied to the military courts.

7. An alternative title for this passage might be

- a. Lincoln's Assassination.
- b. Good Doc Gone Bad.
- c. A Prison Abandoned.
- d. An Unfair Trial for a Fair Man.

8. What sort of doctor was Dr. Mudd?

- a. careless
- b. generous, caring
- c. greedy, money-hungry
- d. cold-hearted, unfeeling

9. Dr. Mudd fought the yellow fever outbreak at Fort Jefferson because

- a. there was no one else to treat the sick prisoners.
- b. he didn't want to get sick himself.
- c. he was forced to by the prison warden.

10. Read this sentence from the essay.

As horrible and unjust as this punishment must have been, a greater plight lurked at Fort Jefferson.

As it is used in this passage, plight most nearly means

- a. challenge.
- b. difficulty.
- c. scare.
- d. sickness.

11- Find in the text words meaning the same as:

- a- kill with a gun (ph.1):
- b- (ph.4) kind and humane:
- c- jumped (ph.2):.....
- d- murder: (ph.4).....
- e- collaborator and accomplice: (ph.2).....

12- Put the following events in the right order according to the text:

- a- Dr Mudd helped the prisoners and guards be cured from the disease.
- b- His wife helped him be released.
- c- The military court sentenced Dr. Mudd to life imprisonment.
- d- Dr Mudd was caught by the police.
- e- The assassination of the President Abraham Lincoln.

-
- * Conviction : الإدانة * Avenge : انتقام * The plot : المخطط * The defeat : الهزيمة
 * Punishment : العقاب * Distress : المعانات * Release : السراح

TEXT6

Recently local store owners and entrepreneurs in Park Royal Mall have formed a group of their own to fight teen shoplifting. Theft has been an increasing problem in the mall. The largest group of offenders ranges from ages 11 - 17. Store owners are not satisfied with the traditional "slap on the wrist" punishments teens usually receive for shoplifting. They find it is not enough of a deterrent and there are too many re-offenders.

Last week store owners met to come up with a better method of protection from (a) five-finger discount seekers. They decided on a few different strategies. One idea involves training store staff to spot shoplifting. In order to make staff more vigilant, the mall will employ (b) "secret shoplifters." These people will look like regular teenagers, but will be paid to steal from unsuspecting stores. This way employees can recognize and catch (c) shoplifters before it's too late.

Merchants also decided to have a zero-tolerance policy for teens caught shoplifting. The mall will keep an updated record of teens caught stealing in the mall. This list will have names and photos of past (d) offenders. This way staff can recognize these (e) sticky-fingered teens and ban them from the store. Shopkeepers hope that this will help reduce shoplifting and keep the shelves stocked with products for those willing to pay for them.

A) Answer these questions from the text

- 1- Why did local shop owners form a group of their own?
- 2- How old are the thieves?
- 3- Did the merchants put up with the teens that were caught shoplifting?
- 4- What strategies did they take to prevent them from shoplifting?

B) Decide whether these statements are true or false. Justify

- 1- The merchants are satisfied with the way the offenders were punished?
- 2- The Shop owners were able to reduce stealing from the Mall?

C) Find in the text a phrase which mean the same as: thieves: (ph2)

D) What does “sticky fingered teens” refer to in the text?

E) Read the following definitions and find the words in the passage.

•persons who starts their own business: •a person who has committed a crime:.....

•something meant to discourage certain behavior:..... •a plan:.....

•watching carefully: •to give someone a job:.....

•the degree to which someone can put up with something:

•a supply of goods intended for sale to customers:

F) Which is the most appropriate for each blank?

-----an increase in teen shoplifting, shop owners came up with a punishment for shoplifters.

① Due to/ harsh ② Despite/ various ③ Owing to/ traditional ④ In spite of /secret ⑤ Due to/ traditional

G) Fill in the blanks with the appropriate expressions: positive /stable /entrepreneur/ vigilant/ multicultural

1. The night guards stayed..... to catch the intruders.

2. If you maintain a..... attitude, it’s easier to accomplish your goals.

3. The building was renovated so that it would be..... in an earthquake.

4. Bill Gates is a successful..... in the computer business.

5. New York is a..... city, as its citizens are from many different places around the world.

H) Fill in the blanks with the appropriate expressions. Use the given words.

1. An is a person who has committed a crime. (offend)

2. Can nuclear weapons be an effective..... against war? (deter)

3. Injured soldiers needed the highly..... treatment of surgeons. (specialize)

4. What are the..... for deciding who gets a scholarship? (criterion)

5. will continue to rise as long as major companies decide not to offer jobs to college graduates. (employ)

I) Suggest a suitable title for the text:.....

J) Complete the summary by filling in the blanks with the given expressions: vigilance /stealing/ get away /employees /prevent

Store owners have had a hard time thinking of new ways to theft. Store owners and hope increased will discourage teens from These new methods make it much more difficult for teens to with shoplifting.

K) Write a paragraph about preventing the problem of stealing in your city nowadays.

Recently, corner shop-owners in our neighborhood have formed a group to fight night shop-intruders. Theft has been an increasing problem these days in our city. Hence, they have decided to